

Table (1): Relationship between prolonged weaning and demographic data of the studied population

Variable	Prolonged weaning		P value
	No	Yes	
Age (year)	60.08±12.65	59±12.65	0.82
Gender			0.82
Females	17 (42.5%)	6 (46.15%)	
Males	23 (57.5%)	7 (53.85%)	
Smoking status			0.92
Non-smoker	19 (47.5%)	7 (53.85%)	
Smoker	10 (25%)	3 (23.85%)	
Ex-smoker	11 (27.5%)	3 (23.1%)	
Smoking index			0.15
Mild	1 (9.09%)	0	
Moderate	4 (36.36%)	0	
Heavy	16 (100%)	6 (54.55%)	
History of previous ICU admission			0.43
No	33 (82.5%)	9 (69.23%)	
Yes	7 (17.5%)	4 (30.77%)	

Data are presented as mean ± SD (unless otherwise indicated) ICU: Intensive care unit
 Table (1) shows that there was no statistically significant relationship between prolonged weaning and demographic data as regard age (P= 0.82), gender (P= 0.82), smoking (status & index) (P= 0.92& 0.15 respectively) and history of previous ICU admission (P= 0.43).

Table (2): Relationship between prolonged weaning and co-morbidities

Co-morbidities	Prolonged weaning		P value
	No	Yes	
Cardiac disease	15 (37.5%)	7 (53.85%)	0.3
DM	13 (32.5%)	7 (53.85%)	0.2
Hypertension	13 (32.5%)	7 (53.85%)	0.2
Neurological disease	7 (17.5%)	5 (38.48%)	0.67
Thyroid disease	3 (7.5%)	0	0.57
Hepatic disease	2 (5%)	0	1.00
Rheumatological disease	2 (5%)	0	1.00
Renal disease	1 (2.5%)	0	1.00

DM: Diabetes mellitus

Table (2) shows that there was no statistically significant relationship between prolonged weaning and co-morbidities.

Table (3): Relationship between prolonged weaning and the causes of respiratory failure

Cause of respiratory failure	Prolonged weaning		P value
	No	Yes	
COPD	17 (61.54%)	5 (38.46%)	0.3
Pneumonia	13 (32.5%)	3 (23.08%)	0.52
IPF	4 (10%)	2 (15.38%)	0.63
Overlap syndrome	3 (7.5%)	2 (15.38%)	0.59
Bronchiectasis	2 (5%)	3 (23.08%)	0.09
OH syndrome	2 (5%)	0	0.59
Malignancy	4 (10%)	1 (7.69%)	1.00
Kyphoscoliosis	1 (2.5%)	0	1.00

COPD:Chronic obstructive pulmonary disease IPF:Interstitial pulmonary fibrosis OH syndrome: Obesity hypoventilation syndrome

Table (3) shows that there was no statistically significant relationship between prolonged weaning and the cause of respiratory failure as regard COPD (P= 0.3), pneumonia (P= 0.52), IPF (P= 0.63), overlap syndrome (P= 0.59), bronchiectasis (P= 0.09), OH syndrome (P= 0.59), malignancy (P= 1.00) and kyphoscoliosis (P= 1.00).

Table (4): Relationship between prolonged weaning and laboratory investigation

Variable	Prolonged weaning		P value
	No	Yes	
WBCs (/L)	13.7±5.52	16.51±4.37	0.08
Haemoglobin (gm/dL)	11.85±2.76	11.02±1.53	0.31
PLTs(/L)	231.45±94.61	210.31±72.62	0.48
ALT (IU/L)	49.05±65.56	20.77±10.03	0.0001
AST (IU/L)	67.43±131.33	22.23±8.77	0.0005
Creatinine (mg/dL)	1.28±1.35	1.06±0.36	0.54
Albumin (gm/L)	2.76±0.64	2.37±0.75	0.12
Urea (mg/dL)	26.98±21.81	46.55±21.69	0.001
Serum Na + (mmol/L)	138.58±5.48	140.46±6.70	0.38
Serum Mg++(mg /dL)	2.06±0.38	1.43±0.47	<0.0001
Serum K+(mmol/L)	4.18±0.76	3.93±0.78	0.33
Serum Ca ++(mg /dL)	8.48±0.81	6.93±1.49	<0.0001

Data are presented as mean ± SD (unless otherwise indicated)

WBCs: White blood cells PLTs: Platelets ALT: Alanine transaminase AST: Aspartate transaminase Na+: Sodium Mg++: Magnesium K+: Potassium Ca++: Calcium

Table (4) shows that there was statistically significant relationship between prolonged weaning and ALT (P= 0.0001), AST (P= 0.0005), elevated urea level (P= 0.001), low serum Mg++ level (P < 0.0001) and low serum Ca++ level (P < 0.0001). Patients with low serum albumin level were experienced prolonged weaning but statically not significant (P= 0.12).

Table (5): Relationship between prolonged weaning and arterial blood gases parameters at the beginning of the first weaning trial

Arterial blood gases	Prolonged weaning		P value
	No	Yes	
PH	7.43±0.06	7.42±0.11	0.73
PaCO2 (mmHg)	45.23±11.33	53.93±13.16	0.04
PaO2 (mmHg)	76.28±20.16	70.38±14.13	0.41
SaO2%	92.18±5.65	81.31±8.75	<0.0001
HCO3(mEq/l)	34.51±7.35	33.82±6.75	0.76
P/F	191.21±52.25	172.15±37.1	0.23
Shunt (%)	11.67±3.05	11.78±1.67	0.91
(A-a) O2gradient (mmHg)	158.34±46.22	150.66±22.7	0.57

Data are presented as mean ± SD (unless otherwise indicated)

PaCO2: Partial arterial tension of carbon dioxide PaO2: Partial arterial tension of oxygen SaO2%: Oxygen saturation

Table (5) shows the relationship between prolonged weaning and arterial blood gases parameters at the beginning of the first weaning trial: the mean level of PaCO2 was significantly higher in patients with prolonged weaning in comparison to other weaning outcomes (P= 0.04). The mean level of SaO2% was significantly low in patients with prolonged weaning in comparison to other weaning outcomes (P: <0.0001).

Table (6): Relationship between prolonged weaning and change of arterial blood gases between the beginning and the end of weaning trial

Blood gases parameters	Prolonged weaning		P value
	No	Yes	
PH change	0.14±0.12	0.17±0.13	0.44
PaCO2 change	[-15.33] ± 22.73	[-18.69] ± 27.3	1.00
PaO2 change	19.5±28.70	17.85±21.49	0.99
SaO2% change	9.58±13.34	[-1.23] ± 9.64	0.006
HCO3-	3.79±6.07	6.53±5.97	0.18

Data are presented as mean ± SD (unless otherwise indicated)

Table (6) shows the relationship between prolonged weaning and change of arterial blood gases between the beginning and the end of weaning trial; there was a significant relationship between prolonged weaning and deterioration of SaO2% in the form of decrease of mean level of SaO2% (P= 0.006).

Table (7): Relationship between prolonged weaning and duration of MV&ICU stay, complications and outcomes

Variable	Prolonged weaning		P value
	No	Yes	
Duration of MV(day)	8.28±5.22	18.38±4.38	0.0001
Duration in ICU(day)	13.58±6.81	22.69±3.17	0.0001
Complications			
No	33 (82.5%)	11 (84.62%)	0.81
VAP	2 (5%)	2 (15.38%)	
CVS	1 (2.5%)	0	
HAP	1 (2.5%)	0	
Hematemesis	1 (2.5%)	0	
Shock	1 (2.5%)	0	
Tracheoesophageal fistula	1 (2.5%)	0	
Death			
Yes	12 (30%)	7 (53.85%)	0.18
No	28 (70%)	6 (46.15%)	

Data are presented as mean ± SD (unless otherwise indicated)

MV: Mechanical ventilation ICU: Intensive care unit VAP: Ventilator associated pneumonia HAP: Hospital associated pneumonia CVS: Cerebrovascular stroke

Table (7) shows that the duration of MV and ICU stay were significantly longer in patients with prolonged weaning than other weaning outcomes (P= 0.0001 for both).

Table (8): Multivariate analysis of factors predicting prolonged weaning

Variable	Odds ratio (95% confidence interval)	P value
Two or more co-morbidity compared to none or one	5.21 (0.29-93.69)	0.26
WBCs ($\times 10^3$ cells/mL)	1.05 (0.77-1.45)	0.73
ALT (IU/L)	0.91 (0.81-1.03)	0.13
AST (IU/L)	0.86 (0.72-1.02)	0.1
Mg ⁺⁺ (mg/dL)	0.04 (0.004-0.47)	0.01
Ca ⁺⁺ (mg/dL)	0.32 (0.08-1.19)	0.09
Tidal volume (baseline)	1.02 (0.98-1.06)	0.35
PaCO ₂ (first weaning trial)	1.01 (0.90-1.14)	0.8
SaO ₂ % (first weaning trial)	1.03 (0.67-1.57)	0.89
SaO ₂ % change	0.68 (0.54-1.04)	0.03
Urea (mg/dL)	0.99 (0.96-1.04)	0.91
Albumin (gm/L)	0.37 (0.04-3.44)	0.38
ICU stay (day)	1.09 (0.71-1.69)	0.68
MV duration (day)	1.32 (0.79-2.21)	0.28
RSBI	1.10 (0.85-1.42)	0.46
Minute ventilation (L/min)	0.67 (0.20-2.21)	0.73

Table (8) shows; the multivariate analysis demonstrates that serum Mg⁺⁺ level (P= 0.03) and SaO₂% change between the beginning and the end of weaning trial (P= 0.02) were a significant predictors of prolonged weaning.

Table (9): Optimum diagnostic cut off value, AUC (parentheses 95% CI), sensitivity, specificity, and positive (PPV) and negative predictive values (percentages) of ventilator and blood gases parameters at baseline for predicting prolonged weaning

Variable	Cutoff	AUC (95% CI)	Sensitivity	Specificity	PPV	NPV	Accuracy	P value
Serum Mg ⁺⁺ (mg/dL)	≤1.5	0.83 (0.70-0.92)	61.5	92.5	72.7	88.1	77.00	<0.0001
Tidal volume(mL)	≤450	0.69 (0.55-0.81)	76.9	55.0	35.7	88	65.95	0.02
PH	≤7.1	0.57 (0.42-0.70)	30.8	95.0	66.7	80.9	62.90	0.54
PaCO ₂ (mmHg)	≥52	0.57 (0.43-0.71)	61.5	75.0	44.4	85.7	68.25	0.55
PaO ₂ (mmHg)	≤40	0.59 (0.44-0.72)	38.5	87.5	50.0	81.4	63.00	0.41
SaO ₂ %	≤78	0.51 (0.37-0.65)	38.5	75.0	33.3	78.9	56.75	0.93
HCO ₃ (mEq/L)	≤31	0.64 (0.49-0.76)	84.6	45.0	33.3	90.0	64.80	0.09

Table (9) shows that optimum diagnostic cut off value of baseline serum Mg⁺⁺ level (≤1.5mg/dL) was statically significant for predicting prolonged weaning (P < 0.0001). Optimum diagnostic cut off value of baseline tidal volume (≤450 mL) was statically significant for predicting prolonged weaning (P <0.02).

Table (10): Optimum diagnostic cut off value, AUC (parentheses 95% CI), sensitivity, specificity, and positive (PPV) and negative predictive values (percentages) of ventilator and blood gases parameters at the beginning of the first weaning trial for predicting prolonged weaning

Variable	Cutoff	AUC (95% CI)	Sensitivity	Specificity	PPV	NPV	Accuracy	P value
Tidal volume(mL)	≤480	0.61 (0.47-0.75)	69.2	52.5	32.1	0.84	60.85	0.18
Respiratory rate(cycle/min)	>19	0.64 (0.49-0.77)	69.2	67.5	40.9	87.1	68.35	0.1
PH	>7.44	0.53 (0.39-0.67)	46.5	72.5	35.3	80.6	59.50	0.79
PaCO2(mmHg)	≥49	0.69 (0.55-0.81)	69.2	62.5	37.5	86.2	65.85	0.02
PaO2(mmHg)	≤94	0.58 (0.43-0.71)	100	17.5	28.3	100	58.75	0.39
SaO2%	≤91	0.88 (0.77-0.96)	100	60	44.8	100	80.00	<0.0001
HCO3(mEq/L)	≤31	0.52 (0.38-0.66)	46.2	70.0	33.3	80.0	58.10	0.86
P/F	≤151	0.62 (0.47-0.75)	38.5	85.0	45.5	81.0	61.75	0.19
Shunt	>10.3	0.59 (0.45-0.72)	92.3	37.5	32.4	93.7	64.90	0.27
(A-a) gradient	>136	0.51 (0.37-0.65)	92.3	40	33.3	94.1	66.15	0.87

Table (10) shows that optimum diagnostic cut off value of PaCO₂ at first weaning trial (≥49mmHg) was statically significant for predicting prolonged weaning ($P < 0.02$). Optimum diagnostic cut off value of SaO₂% at first weaning trial (≤91%) was statically significant for predicting prolonged weaning ($P < 0.0001$).

Table (11): Optimum diagnostic cut off value, AUC (parentheses 95% CI), sensitivity, specificity, and positive (PPV) and negative predictive values (percentages) of changes in ventilator and blood gases parameters between the beginning and the end of weaning trial for predicting prolonged weaning

Variable	Cutoff	AUC (95% CI)	Sensitivity	Specificity	PPV	NPV	Accuracy	P value
PH change	>0.23	0.57 (0.43-0.71)	38.5	85	45.5	81.0	61.75	0.48
PaCO2 change	>[-46]	0.50 (0.36-0.64)	69.2	10.0	20	50	39.60	1.00
PaO2 change	≤42	0.50 (0.36-0.64)	100	20	28.9	100	60.00	0.99
SaO2% change	≥5	0.76 (0.62-0.86)	84.6	65.0	44.0	92.9	74.80	0.003
HCO3 change	>6	0.62 (0.48-0.75)	61.5	67.5	38.1	84.4	64.50	0.19

Table (11) shows that optimum diagnostic cut off value of SaO2% change in the form of decrease between baseline and first weaning trial (≤ 5) was statically significant for predicting prolonged weaning ($P < 0.003$).