

List of abbreviations

ACTH	Adrenocorticotrophic hormone	LHA	Lateral hypothalamic area
BF	Basal forebrain	PB	Parabrachial nucleus
CRH	Corticotropin-releasing hormone	PPN	Pedunculo pontine nucleus
CNS	Central Nervous System	REM	Rapid eye movement
DRN	Dorsal Raphe nucleus	TMN	Tuberomamillary nucleus
EEG	electroencephalography	VPAG	Ventral periaqueductal grey matter
LC	Locus coeruleus	VTA	Ventral tegmental area
LDT	Laterodorsal tegmental nucleus		