Variable	Females	Males	P value
	N=279	N=221	
Age/year			
Mean \pm SD	52.2±11.2	53.7±10.5	0.13
Median (range)	53 (18-78)	55 (21-80)	
Residence			
Rural	131 (47.0%)	108 (48.9%)	0.67
Urban	148 (53.0%)	113 (51.1%)	
Smoking			
Non-smoker	276 (98.9%)	86 (38.9%)	< 0.0001
Smoker	3 (1.07%)	135 (61.1%)	
BMI			
Mean \pm SD	32.7±5.7	30.4±5.1	< 0.0001
Median (range)	32 (19.2-47.8)	31 (17-43)	
BMI Group			
Underweight	0	6 (2.7%)	
Normal	26 (9.3%)	18 (8.1%)	
Overweight	46 (16.5%)	62 (28.1%)	< 0.0001
Obesity class I	118 (42.3%)	92 (41.6%)	
Obesity class II	55 (19.7%)	34 (15.4%)	
Obesity class III	34 (12.2%)	9 (4.1%)	

Table (1): Relation between gender and personal characteristics:

Variable	Females	Males	P value
	N=279	N=221	
Types of DM			
Type I	9 (2.2%)	8 (3.62%)	0.81
Type II	270 (96.8%)	213 (96.4%)	
Duration of DM/years			
Mean \pm SD	5.7±4.1	5.7±5.2	0.19
Median (range)	5 (0.5-20)	4 (0.5-30)	
Type of treatment			
Oral	210 (75.3%)	178 (80.5%)	0.11
Insulin	65 (23.3%)	43 (19.4%)	
Oral & insulin	4 (1.4%)	0	
Family history of DM			
No	23 (8.2%)	35 (15.8%)	0.008
Yes	256 (91.8%)	186 (84.2%)	
Hypertension			
No hypertension	135 (48.4%)	86 (38.9%)	0.004
Controlled	53 (19.0%)	31 (14.0%)	
uncontrolled	91 (32.6%)	104 (47.1%)	
Duration of hypertension /			
years			
Mean \pm SD	3.8±2.3	4.3±2.8	0.08
Median (range)	3 (0-12)	4 (0-20)	

Table (2): Relation between gender and clinical features:

Variable	Females	Males	P value
	N=279	N=221	
HBA1c			
Mean \pm SD	9.0±2.2	8.8 ± 2.0	0.29
Median (range)	8.9 (5-14)	8.4 (5.7-15)	
Diabetic control			
Controlled	63 (22.6%)	44 (19.9%)	0.47
Uncontrolled	216 (77.4%)	177 (80.1%)	
Cholesterol			
Mean \pm SD	190.5±45.5	190.5±35.2	0.99
Median (range)	190 (89-420)	189 (117-275)	
Triglyceride			
Mean \pm SD	216.5±35.5	220.6±39.8	0.80
Median (range)	200 (73-455)	215 (79-550)	
HDL			
Mean ± SD	42.8±10.2	41.9±6.8	0.25
Median (range)	42 (23-58)	41 (30-58)	
LDL			
Mean \pm SD	112.7±24.0	112.6±27.8	0.48
Median (range)	109 (32-184)	111 (36-182)	

Table (3): Relation between gender and Lab investigation:

Variable	Females	Males	P value
	N=279	N=221	
Hypertension	144 (51.6%)	135 (61.1%)	0.03
IHD	41 (14.7%)	42 (19.0%)	0.20
HFrEF	10 (3.6%)	18 (8.1%)	0.03
HFpEF	6 (2.2%)	7 (3.2%)	0.48
Diastolic dysfunction	94 (33.7%)	105 (47.5%)	0.002
LVH (left ventricular	104 (37.3%)	75 (33.9%)	0.44
hypertrophy)			
History of Stroke	20 (7.2%)	20 (9.1%)	0.44
History of PAD	31 (11.1%)	17 (7.7%)	0.20

Table (4): Relation between gender and prevalence of hypertension and cardiac abnormalities: