## PHYSIOLOGIC RESPONE <u>CARDIAC</u>

TITLE	Score
CHF (Congestive heart disappointment)	1
HTN (hypertension)	1
$AGE \ge 75$	2
AGE 65-74	1
DM (Diabetes Mellitus)	1
Stroke or TIA (transient ischemic assault)	2
Vascular issue (before MI, PAD OR fringe blood vessel sickness, aortic thrombus)	1
Sex sexual orientation (more in female)	1

## Table(A) CHA2DS2-VASc Score <u>Respiratory</u>

TITLE	Changes with obesity
(FRC) Functional residual capacity	Decreased
(WOB)Work of breathing	Elevated
(VC) Vital capacity	Decreased
( <i>TLC</i> )Total lung limit	Remain constant. morbidly obese
	decreased
( <i>ERV</i> ) Expiratory hold volume	Decreased
(FEV <sub>1</sub> ) Forced expiratory volume in $1^{st}$ S	Also remain constant
Forced vital capacity (FVC)	Remain constant decreased with morbidly obese patients
FEV <sub>1</sub> /FVC	Remain constant decreased with morbidly obese patients
(DLCO) distributive capability of the respiratory	Remain constant
organ for carbon monoxide gas	

## Table (B) Impact of obesity on breath:(Simonneau et al.2004).(10)TABLE

System	Main Effects	Monitoring
Cardiovascular		• ECG in case of cardiac problems is predicted
	Coronary artery syndrome	• Efficient tools can be used to detect the risk of
		perioperative disorders (MACE) major adverse cardiac
		event.
		• Gave that danger of MACE $\geq 1$ % and utilitarian
		condition is poor, stress testing ought to be finished
	PASP (pulmonary artery systolic	•Right ventricular hypertrophy (RVH), aspiratory
	pressure)	hypertension (PTH) provided that ECG appears,
		acceptable group branch square, right hub deviation.
		• Reverberation to assess left and right ventricular
		capacity, morphology, valvular condition and to
		distinguish aspiratory supply route weight
		• Right heart catherization.
	CHF (congestive heart failure)	• Chest X ray
		Echocardiography.
Respiratory		
	Dyspnea	• Chest X ray
	Asthma	• Pulmonary function testing to detect restrictive or
		obstructive pattern
	(OSA) Obstructive sleep apnea	• BY history, examination, investigation
		• Use polysomnogram
		Start CPAP/biPAP before surgery
	(HS)Hypoventilation syndrome	ABG (Arterial blood gas)
Gastrointestinal		
	GERD (gastro oesophageal reflux	• consider24-h pH monitoring
	disease)	• consider upper endoscopy
		•consider Esophageal manometry
		•consider Barium swallow (upper gastrointestinal
		arrangement)
	Nonalcoholic greasy liver sickness	• consider Liver capacity tests (LFTs)
	(NAFLD)	•consider Triglyceride level
		•consider Liver ultrasound gave that LFTs are expanded
		or symptomatic biliary issue

	Helico- bacter. Pylori (H.pylori)	•consider Stool antigen test
		•consider Urea breath test
		•consider Endoscopy – quick urease test
<i>E</i> ndocrine		
	(DM) Diabetes mellitus	• consider Hgb A1c
		consider glucose level measurement
<i>H</i> ematologic		
	Venous thrombo-embolism)	• Assess VTE threat: level of obesity, maturing, history of
		DVT previously, hypercoagulable state or history of
		harmful malady, fixed status
<b>P</b> sychologic		Assess Psycho-social-conduct issue
	ANXEITY AND Melancholy	• pay attention for patients at dnager for suicide
	BINGE EATING CHANGES •	
	(focus for patients at dnager for	
	suicide)	
<b>N</b> utritional		• Think about Iron profile, folate, 25-hydroxyvitamin D,
		B12
		• Measure calcium, magnesium, phosphate ( <i>electrolytes</i>
		levels)

## Table (c) Effect of obesity on different body systems