IMMUNOHISTOCHEMICAL EXPRESSION OF P63 IN UROTHELIAL CARCINOMA

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Abstract

Introduction: Urothelial carcinoma is the most common histologic type of urinary bladder cancer in Egypt. Detection of high-grade urothelial carcinoma is important for modification of therapy and improving the prognosis. P63 is expressed at high levels in the basal layers of different epithelial tissues, including the urothelium. Aim of the work: to study the diagnostic and prognostic value of p63 expression in urothelial carcinoma (UC). Materials and Methods: Fifty cases of bladder urothelial carcinoma were involved in the study; 12 cases of non-invasive UC, (3 HG & 9 LG), and 38 cases of invasive UC, (30 HG & 8 LG). Sixteen cases of UC showed Bilharziasis. All the specimens were stained with p63 using immunohistochemical technique. Results: P63 was expressed in 28/38 cases (73.7%) of invasive UC and in all cases of non-invasive UC, and also in 16/17 (94%) low-Grade and in 24/33 (72.7%) of high-grade UC, with a statistically significant relation between p63 expression and both invasion (p < 0.001) and the tumor grade (p < 0.034). Conclusion: P63 can be used as a diagnostic and a prognostic factor for high grade invasive UC.

Key words: P63, urothelial carcinoma (UC), High Grade (HG), Low Grade (LG).

Introduction

Bladder cancer is the most common cancer among Egyptian men (1). Urothelial carcinoma (UC) is the most common histologic type of urinary bladder cancer, constituting more than 90% of bladder cancer cases in United States (2). In Egypt, there was significant rise of UC from 16% to 65.8%, becoming at present the most common tumor type, with a significant decrease in squamous cell carcinoma (SCC) from 75.9% to 28.4% (3). This may be due to increased exposure to etiological factors as smoking and pesticides (4). Despite advances in surgical techniques as well as in intravesical and systemic therapy; up to 30% of patients with non-invasive and 50% of patients with invasive urothelial carcinoma experience disease progression, recurrence, and eventual death (5). With regard to clinical management, urothelial neoplasms are divided into two major phenotypic variants; low-grade and high-grade invasive carcinoma. The former has and eventually provided better prognosis (6). P63 is a transcription factor belonging to the p53 family. It is a nuclear protein encoded by a gene on chromosome 3q27-29 (7 & 8). Different studies support the hypothesis that p63 can function as a tumour suppressor, especially TAp63 isoform. For example TAp63 overexpression is responsible for the
activation of p53 responsive genes leading to cell cycle arrest and apoptosis. (11). On the other hand, ΔNp63 inhibits death receptors-mediated apoptosis and chemotherapy-induced mitochondrial apoptosis pathways and thus functions as an oncogene (12). Many studies have investigated the role of p63 in urothelial neoplasms. The first group of investigators proposed that over expression of p63 mRNA relates to carcinogenesis and tumour progression (13). In contrast, other studies revealed that high-grade invasive urothelial carcinomas frequently diminish p63 expression, whereas low-grade tumours highly preserve the normal p63 expression (14). Impaired p63 expression is thought to be a prognostic marker along with the well-established prognostic factors, such as TNM stage, indicating that impaired p63 characterizes biological aggressiveness of urothelial neoplasms (15). Recently p63 has been shown to be a marker of tumours of urothelial origin (16).

**The aim of the work:** to study the expression of p63 in UC and to detect the value of using p63 expression as a prognostic marker.

**Materials and methods**

The specimens of the study were obtained randomly from urothelial carcinoma (UC) cases admitted to The Urology Department and referred to the Pathology Laboratory at Sohag University Hospital, in the period between May 2014 and June 2015. The total number of studied specimens was 50 cases divided into 17 cases low-grade UC, 33 cases high-grade UC, 12 noninvasive UC and 38 invasive UC. Clinical data were obtained from the referral clinical reports. These data included: age, sex, clinical presentations, laboratory tests and the method of obtaining the specimen. The biopsies were obtained by either transurethral resection (TUR) or radical cystectomy. Each case in the study was stained by routine H&E stained slides to evaluate the diagnosis, grading according to World Health Organization classification of tumors 2004 (17) and staging according to American Joint Committee on Cancer 2010 (18). For immunohistochemical staining, Five micron-thick sections from the formalin-fixed paraffin-embedded blocks of all specimens were cut on chrome alum-gelatin adhesive coated slides and immunostained using peroxidase-labeled streptavidin-biotin immuno-enzymatic antigen-detection kit to detect p63 expression. Mouse monoclonal p63 antibody (clone 4A4), catalog # (CM163A, B, C, H. BIOCARE MEDICAL corporation) was used. All the specimens were stained with the antibody. Tissue sections were deparaffinized in 2 changes of xylene, rehydrated through descending grades of alcohols and washed in distilled water. Endogenous peroxidase activity was blocked with hydrogen peroxide, and then washed in 20% diluted phosphate buffered saline (PBS). Slides were immersed in antigen retrieval solution (10 mmol sodium citrate buffer solution, pH 6.0) and put in the oven at 100°c for 2 hours, washed in distilled water and in PBS. Tissue sections were incubated with P63 at a dilution of 1/100 in normal goat serum (NGS) at a dilution of (1/100) overnight at room temperature to block nonspecific interactions. After rinsing in PBS, tissue sections were treated with biotinylated goat serum for 10 min at room temperature. The slides were rinsed in PBS and peroxidase-labeled streptavidin was applied for 10 min at room temperature, rinsed again in
PBS and blotted. The slides were incubated with 1 micron chromogen to 25 micron diaminobenzidine (DAB) for 20 minutes, washed in distilled water and counter-stained using Myer’s Hematoxylin. Tissue sections were washed in tap water dehydrated in ascending grades of alcohol, cleared in xylol, left to dry, then mounted with DPX, and cover slipped. Positive control was section from normal prostate. Negative control was sections of the examined tissues but with omission of the primary antibody.

**Evaluation of immunostaining of p63**

The entire sections were histologically examined by bright field microscope to evaluate the immunostaining positivity as the mean percentage of positive cells and staining intensity in at least three different fields. Cells stained positive for p63 were identified by the presence of nuclear staining. Semiquantitation of nuclear p63 immunoreactivity was calculated with a 12-point weighted score system. First, the percentage of positive cells in each area was scored with a 5-point scale: 0 for <5%, 1 for 5-25%, 2 for 25-50%, 3 for 50-75%, and 4 for over 75%. Second, the intensity of positive signal was scored with a 3-point scale: 0 for negative, 1 for weak, 2 for medium, and 3 for strong staining, then, the weighted score for each area was calculated by multiplying the percentage of positive cells by the intensity of staining score. The results were scored as negative (0-1), weak (2-3), moderate (4-6) and strong (8-12) (19). Results were statistically analyzed using Statistical Package for Social Sciences (SPSS) for windows. The association of p63 protein expression with the other bladder carcinoma variables was assessed by the Pearson’s Chi-square test. P value less than 0.05 was considered significant.

**Results**

This study included 50 specimens of urothelial carcinoma of the urinary bladder included 38 cases were diagnosed as invasive UC and 12 cases were diagnosed as non-invasive UC. 33/50 of cases were high grade and 17 cases were low grade. The age range of the 50 studied patients was 20-80 years, mean age was 57.2 years, and median age was 56 years. 42/50 (84%) were males and 8/50 (16%) were females with male: female ratio 5.25:1. Tissue specimens were obtained by TUR in 41 cases (82%), and by radical cystectomy in 9 cases (18%).

**Histopathological findings**

The collected 50 cases of bladder urothelial carcinoma were graded according to World Health Organization classification (17). Stage grouping and TNM pathological classification were carried out according to The American Joint Committee on Cancer (AJCC) (18). Twelve cases (24%) of non-invasive urothelial carcinoma were divided into three cases (25%) high grade, and nine cases (75%) low grade. Thirty eight cases (76%) (38/50) were invasive urothelial carcinoma; with thirty cases were high grade, and eight cases (21%) were low grade. Three cases (3/12) (25%) of non-invasive urothelial carcinoma and thirteen cases (13/38) (34.2%) of invasive urothelial carcinoma showed Bilharziasis. Four cases (4/17) of low grade UC and (12/33) of UC showed Bilharziasis.

**Immunohistochemical finding: P63** expression appeared as brownish nuclear staining in basal cells of the normal prostatic glands which were used as a positive control. P63 was expressed in 28/38 cases of invasive UC (73.7%) with variation in its
expression as it was strongly expressed in 12/38 (31.6%), moderately expressed in 8/38 (21%), weakly expressed in 8/38 (21%) and was negative in 10/38 (26.3%) of cases. P63 was expressed in all cases of non-invasive UC as it was strongly expressed in 7/12 (58.33%), moderately expressed in 2/12 (16.6%), weakly expressed in 3/12 (25%) of cases (Table 1, Figure 1). P63 showed variation in its expression in 24/33 cases (72.7%) of high-grade UC as it was strongly expressed in 8/33, moderately expressed in 7/33, weakly expressed in 9/33 and was not expressed in 9/33 (27.3%) of cases. Expression of p63 in (16/17 cases) of low-grade UC and was strong in 11/17, moderate in 3/17 cases, weak expression in 2/17 cases and no expression in 1/33 of cases (Table 2). There was a statistically significant correlation between p63 expression and tumor grade, P value < (0.034) (decreased expression with increasing grade). There was no statistically significant correlation between p63 expression and clinical parameters (age, sex, bilharziasis, and myoinvasion) although we found that p63 immunostaining was decreased with deeper muscle invasion of the tumor.

**Table 1**: P63 expression in non-invasive and invasive UC

<table>
<thead>
<tr>
<th>Tumor type</th>
<th>No of cases</th>
<th>P63 expression</th>
<th>P value</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>+++</td>
<td>++</td>
</tr>
<tr>
<td>Non-invasive UC</td>
<td>12</td>
<td>7</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>12/12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Invasive UC</td>
<td>38</td>
<td>12</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>28/38 (73.7%)</td>
<td></td>
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<td></td>
<td>10/38 (26.3%)</td>
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</tbody>
</table>

*Chi-square test was used, *= Significant

**Table 2**: P63 expression in UC according to tumor grading.

<table>
<thead>
<tr>
<th>Tumor grade</th>
<th>No of cases</th>
<th>P63 expression</th>
<th>P value</th>
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</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>+++</td>
<td>++</td>
</tr>
<tr>
<td>Low grade UC</td>
<td>17</td>
<td>11</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>16/17 (94.1%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>High grade UC</td>
<td>33</td>
<td>8</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>24/33 (72.7%)</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>9/33 (27.3%)</td>
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*Chi-square test was used, *= Significant.
Figure (1): A&B: P63 strong expression in non-invasive, Low Grade UC,
C: Invasive LG UC stained by H&E. D: p63 expression in invasive, LG UC.
E: Invasive High Grade UC stained by H&E. F: strong p63 immunoexpression.
G: invasive High Grade UC stained by H&E. H: Weak p63 immunostaining.
Discussion

Despite advances in surgical techniques as well as in systemic chemotherapy; up to 50% of patients in Egypt with invasive urothelial carcinoma suffered from disease progression, recurrence, and eventual death. P63 has emerged as a critical player in embryonic development, epithelial stem cell maintenance and differentiation. In cancer biology (20). The gene encoding the tumor protein p63 is a member of the p53 family and like other family members contains two different promoters that generate two classes of p63 proteins. The transactivating TAp63 and the NH2-terminal truncated ΔNp63. TAp63 contains an NH2-terminal transactivation domain that is absent in ΔNp63 (9). P63 regulates many genes involved in DNA repair, ΔNp63 binds to the promoters of the RAD51, BRCA2, and MRE11 genes which are involved in homologous recombination, one of the most important pathways for repair of double-strand breaks. In addition, p63 interacts with ATM, a key kinase involved in the recognition of DNA double-strand breaks (21). Analysis of biopsy samples have shown that reduced P63 expression is associated with progression and advanced stages of breast cancer (22 & 23) cancer bladder (14) and melanoma (24). P63 was expressed in all normal and hyperplastic urothelium in the areas adjacent to the tumor in our study cases. An earlier study at 2001 revealed that p63 is proposed to be critical for the proliferation and maintenance of epithelial progenitor cells population that give rise to the differentiated stratified squamous epithelial cells rather than for the differentiation process itself (25). On the other hand, a study group reported that P63 expression was correlated with the degree of differentiation in the superficial lesion and with the number of cell layers which covered the tumor papillae in muscle-invasive urothelial carcinoma (26). Several reports which tried to evaluate the role of p63 in the process of tumergenesis suggest that p63 is involved in cell migration and adhesion and thus also in processes connected with these cell abilities such as metastasis and wound healing. Those studies that performed on SCC lines have demonstrated that disruption of p63 causes upregulation of genes associated with a higher potential to metastasize and invade (27), while a more recent study showed that TAp63 suppresses metastasis by regulating micro RNA processing complex (28).

In our study, P63 was expressed in (73.7%) of invasive UC and in all cases of non-invasive UC with a statistically significant relation (p value <0.001). In agreement with the authors (29) who found that P63 was expressed in all cases of non-invasive papillary urothelial carcinoma and the immune-reaction was strong in low grade papillary superficial carcinoma (93%) than in high grade urothelial carcinoma (68%) that showed a significant reduction in P63 positivity. Koyuncuer in his study on the other
hand found no statistically significant relation was observed between invasive and non-invasive (pT1-PT2) urothelial carcinoma for P63 expression (30). P63 showed positive expression in (72.7%) of high-grade UC and in (16/17 cases) of low-grade UC with a statistically significant correlation between p63 expression and tumor grade (P value < 0.034) (decreased expression with increasing grade).

There was no statistically significant correlation between p63 expression and deep myoinvasion and poor prognosis in the present study although we found that p63 immunostaining was decreased with muscle invasion of the tumor. In agreement with two studies concluded that P63 expression diminished in high grade invasive urothelial carcinoma (31 & 32). A recent study group at 2012 concluded that it is impossible to prospectively identify the lethal muscle-invasive tumors; however, accumulating evidence suggests that molecular reprogramming characteristic of a developmental process known as epithelial-to mesenchymal transition (EMT) is involved. Muscle-invasive cancers are characterized by down-regulation of E-cadherin and p63, two epithelial markers uniformly expressed in normal urothelium and in non-muscle-invasive cancers. These changes are accompanied by up-regulation of mesenchymal markers Zeb-1, Zeb-2, vimentin, and MMP9, leading to increased invasion and migration. The most superficial bladder cancers have excellent long-term survival (near 100%), and uniformly express high levels of E-cadherin and p63. On the other hand, loss of p63 is restricted to a subset of the muscle-invasive tumors, and muscle invasive disease is typically associated with worse clinical outcomes as compared to superficial, non-invasive cancer. In addition, the commercial antibody (4A4) that is most commonly used to measure p63 in tissue sections cannot distinguish the two major p63 isoforms (TA and ΔN), so the relationship between ΔN p63 expression and poor outcome in muscle-invasive bladder cancers could not be recognized in previous IHC-based studies that employed this reagent (33). Another study group generated an anti-p63 antibody that is specific for the ΔN isoforms and used it on an independent cohort of muscle-invasive tumors to show that ΔN p63 protein levels also identify a lethal subset of cancers, whereas their results with the 4A4 antibody were inconclusive (34).

P63 was expressed in 87.5% of UC with bilharziasis and in 76.5% of UC cases with no bilharziasis with no statistically significant relation between bilharziasis and p63 expression. A single study on p63 and bilharziasis in agreement with our study-found a tendency for a statistically significant decrease in the immunoreactivity in bilharzial cystitis (p < 0.05) but in malignant tumors, bilharziasis had no apparent effects on the pattern of p63 expression (35).

**CONCLUSION**
P63 can be used as a diagnostic factor specific for urothelial carcinoma and as a prognostic factor for high grade UC in our community.

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SOHAG MEDICAL JOURNAL
IMMUNOHISTOCHEMICAL EXPRESSION OF P63 IN
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